

**The**  
**LEDA LADIES**  
**Volume One**



**Women who spank  
and discipline their men**

# The LEDA LADIES

## Volume One

**WOMEN WHO SPANK AND DISCIPLINE THEIR MEN**

**An introduction to the Leda Ladies: a special breed of women who like their men to be submissive, disciplined, obedient and willing to accept humiliating and painful punishment when they aren't.**

[www.nu-westleda.com](http://www.nu-westleda.com)



**CCB Publishing, British Columbia, Canada**

# The LEDA LADIES

## Volume One



***Watch out world. A new breed of woman has arrived at your doorstep. She's confident, capable, strong and healthy, and she's growing in numbers every day.***

***She knows your weaknesses and most importantly, she knows the power she has over you. It doesn't matter if you're rich or poor, big or small, a cop, college professor, plumber or royalty. If you're a submissive male, she knows how to get to your tail.***

***She's a Leda Lady.***

The Leda Ladies Volume One:  
Women Who Spank and Discipline Their Men

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I am Leon Dalman, the editor of *The Leda Ladies Volume One*. This book is about women who enjoy being dominant and men who like to be submissive to such women. I am one of those men and there are thousands like me throughout the world. You are probably one or you would not have bought this book. If you're a woman and your husband or boyfriend made it available to you, guess what? He may be trying to tell you something. If you are neither, and just reading it out of curiosity, I must tell you about female dominance as a sexual fetish. There are two main types, Leather and Traditional. Leather involves whips, chains, hot wax, ropes, far out costumes and dungeons. Traditional involves normal clothing, flat wooden hairbrushes, straps, canes and activities such as spanking, petticoat punishment and corner time (like the bad boy is doing below). The picture was taken in 1986. That's Lanette Brezky on the left and Joanne Jameson on the right. Both women were only twenty at the time but were already experienced disciplinarians.





## HOW IT ALL BEGAN

I created Leda Productions, a video production and publishing company in 1984. It was dedicated to dominant women who practiced traditional discipline. I firmly believed that almost all women had the capability to administer spankings, canings, strappings and other sorts of painful punishment to a man's behind if he wanted it. Furthermore, I believed that because women have been mistreated and dominated by men since time began I wouldn't have much problem finding ones to be in my videos.

I was right. They flocked to the studios that I used for my productions. The fun part about owning a company like Leda was that I was obligated to "live the life" if I was going to make a living off the life - and I still do. The caning shown below was given by Debra, a top executive at an international company and one of the "monsters" I have created over the years. According to her, caning and disciplining men is her relief from the stress of her job.



**OKAY, LET'S MEET SOME OF THE LEDA LADIES...**



*Rachael Ward*

## RACHAEL WARD

Rachael lives in Los Angeles and is a window designer for a large department store chain. She is also an accomplished singer and has been on tour in Europe. She is one of the original Leda Ladies and has been in many Leda productions. Her most popular video is titled *Rachael Ward - Cane Mistress*. She is proficient with all instruments but her personal favorite is a plain leather belt which she carries in a handbag - if she's not wearing it.









She is also known for the hard over-the-knee spankings she can give. She has a firm solid lap and men who have been spanked by her don't soon forget it.

## JODI CLINE



Jodi is originally from West Virginia and lives in Temecula, California where she owns her own business. She is a very experienced Leda Lady and considered the best Leda has when it comes to caning. Her strokes are very hard and very accurate. No wonder then that the rattan cane is her instrument of choice.

I'll introduce you to more of the Leda Ladies later  
but let's see Rachael and Jodi in action first..

## **JODI CLINE AND RACHAEL WARD IN ACTION**

The Leda Ladies have a program designed for wives who don't have what it takes to discipline their husbands. They are invited to send their bad boys to Leda for "corrective action". When the program first began it was mostly for couples whom the ladies knew but as it became more well known, they started receiving requests from wives all over the world who wanted their husbands disciplined by these strong, no-nonsense American women. The husband must present a letter written by his wife with a complete list of his infractions. Taro, the young gentleman shown in the photos that follow is from Kobe, Japan. He was scheduled to be in Los Angeles on business so his wife wrote and asked if she could arrange for him to be disciplined while he was in California. Jodi and Rachael were chosen for the job. The wife had informed the ladies the thing that bothered her most was her husband constantly surfing the Internet for pictures of women in old-fashioned girdles and similar undergarments. Jodi and Rachael decided this would be perfect attire for them to wear for his discipline training. You can go to [www.nu-westleda.com](http://www.nu-westleda.com) for a DVD of the entire discipline session.





Jodi begins his session by ordering him to bend over the back of a chair for six "sixes", or 36 strokes of her cane.



After a thorough caning from Jodi, Rachael puts him over her lap for a taste of the hairbrush. When she is through, the women send him to a corner to think about proper behavior in the future.





## THE ROOM UPSTAIRS



Let me tell you about a place we call “the room upstairs”. It’s located in a large two-story residence called Blockton House. It is where the Leda Ladies do most of their corporal punishment exercises. It is a big, open, loft-type room on the second floor. The ladies use it for both private and personal sessions. This is usually where the submissive male waits for his punishment. He is told “how” he is to be when she walks in. Usually, it’s standing or kneeling in a corner with behind bared and ready. Other times he may just be ordered to “go upstairs” and wait for her. The woman has to go up a flight of stairs to reach the punishment room. Leda installed a camera at the bottom of the stairs to catch the women as they go up to administer punishment. The camera was programmed to take either high quality still photos, or video of a lesser quality. The next few pages are still images. I’ll show you some of the video frames as well as images of the women coming down the stairs after doing their duty.





The camera was on still mode and caught this picture of Rachael Ward going up to spank her boyfriend of the moment, Pablo. Pablo fell in love with Rachael when he saw her on tour and came to California to court her. The time registered on the photo is 22:10:39 12/04. They had been at a concert and he did something to anger her. She stopped at the Blockton house to teach him a lesson. Vanna, another Leda Lady was there when they arrived. Rachael told Pablo to go upstairs and wait for her. She had a drink with Vanna, went to the closet where the instruments are kept, got the hairbrush out of her drawer and went upstairs to spank Pablo's ass.



Here's Jodi Cline heading up the stairs to paddle someone. Can't say when because time/date feature wasn't turned on. That's a Spencer Spanking paddle she's holding. No spanking instrument on the face of the earth hurts as much as one of these paddles. The reason some of these "stair" shots are from a different angle is because the camera is sometimes moved to a different spot on the shelf it sits on.





This is Bridget, the company pilot going upstairs to spank a guy named David who used to work for Leda. All male employees of Leda are subject to discipline from the Leda Ladies. Bridget was helping David earn his private pilot's license and he failed the medical exam for smoking you know what. Bridget had put a lot of time and effort into this and was quite angry. Every Leda Lady had already spanked David at least once but the one from Bridget was the hardest he ever got. The photo below is of Bridget and the company plane prior to a trip to Las Vegas.





Rachael Ward again. Pablo, the rich young Spanish boyfriend was on the receiving end once more and sent upstairs to wait for her. She had some liquor in her and was showing it, but not so much she couldn't discipline Pablo. She would joke about how Pablo was like a little boy across her lap, and how she would love to make him cry and get an erection after. That night there was the usual sound of flesh being spanked and then silence for a while. Then Rachael came downstairs completely oblivious of the fact she had no skirt or panties on. She went to the closet and got her cane. She said she wasn't happy with the effort Pablo was showing in servicing her and was going to "wake him up a little". At least Pablo was getting a little enjoyment for his pain. Rachael Ward is a *very* attractive woman.

## POTPOURRI

The photo below is called a “viewer’s eye” shot. If you turn it upside down you’ll get the same view as if you were lying across a Leda Lady’s lap. Chances are your rear end would be burning so much you wouldn’t be paying too much attention to the view anyway.



I took the photo on the opposite page after returning from a trip back east. I was sort of in an affair with Jodi Cline and she picked me up at the airport. Before I left New York she told me she'd have a “surprise” for me when I returned. It was an item a friend from Scotland sent her and she wanted to “try it out” at her place on the way home. For those who don't know, it is called a tawse. It's a split tailed leather strap that was a popular punishment instrument in Scotland in days gone by. My God, that thing hurt!





TWO LEDA LADIES YOU DO NOT WANT TO MEET!

*Julia Jameson*



*Lady Debra*





## ROBERT PAYS HIS DUES



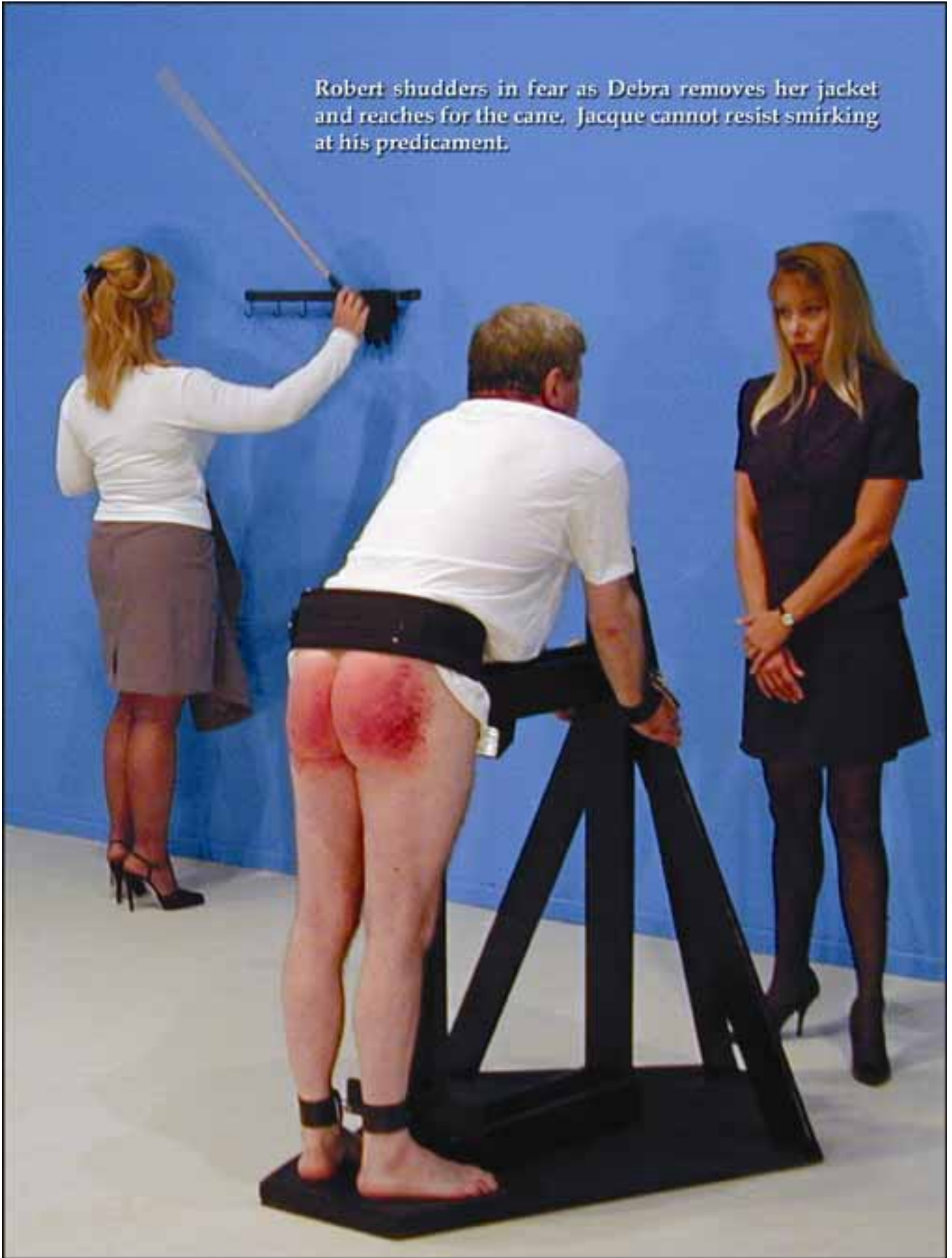
Robert is a scoundrel. His wife had to leave to take care of her sick sister so she asked her niece, Jacque, to stay with Robert while she was gone because he was helpless without a woman around the house. Robert showed his appreciation by sneaking into Jacque's room late at night and trying to get in bed with her. Jacque was furious and gave Robert a choice; take a severe punishment from Debra and Julia or she would tell her aunt. Robert had no choice but to accept his fate. The video opens with Robert in a punishment smock while Jacque tells Debra what her uncle did.





Debra “prepares” Robert for the main event by having Julia give him fifty strokes with a leather prison strap.

Robert shudders in fear as Debra removes her jacket and reaches for the cane. Jacque cannot resist smirking at his predicament.





A caning from Debra is an event one will remember for a long, long time. It was all Robert could do to keep from screaming. He was humiliated even more knowing his pretty niece was watching it all, even the tears rolling down his cheek. "You're getting exactly what you deserve," she told him. This session is also available on DVD from [www.nu-westleda.com](http://www.nu-westleda.com).

"Well that should teach you a lesson in proper behavior," she tells him.

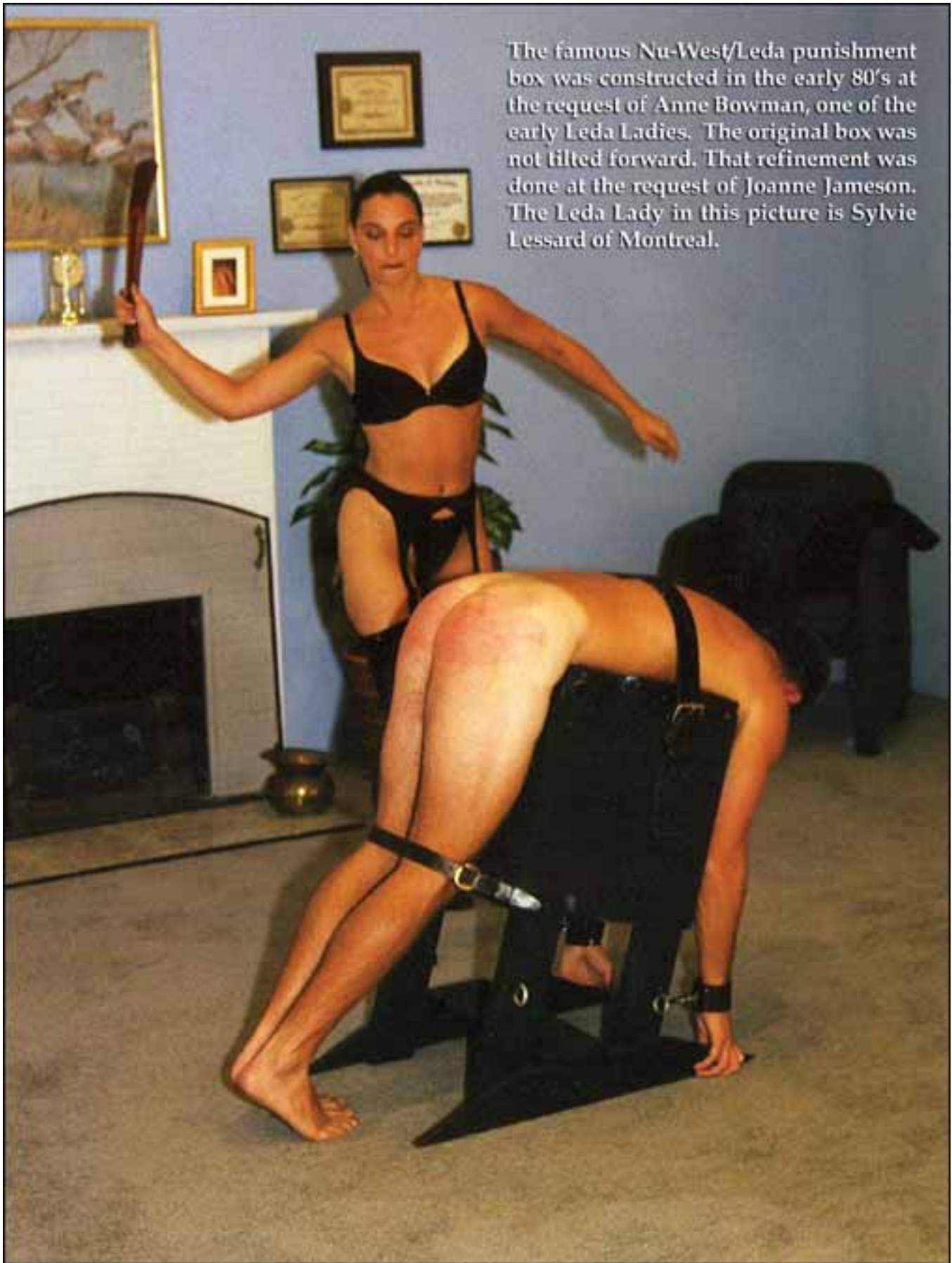




## THE DREADED BOX



The famous Nu-West/Leda punishment box was constructed in the early 80's at the request of Anne Bowman, one of the early Leda Ladies. The original box was not tilted forward. That refinement was done at the request of Joanne Jameson. The Leda Lady in this picture is Sylvie Lessard of Montreal.

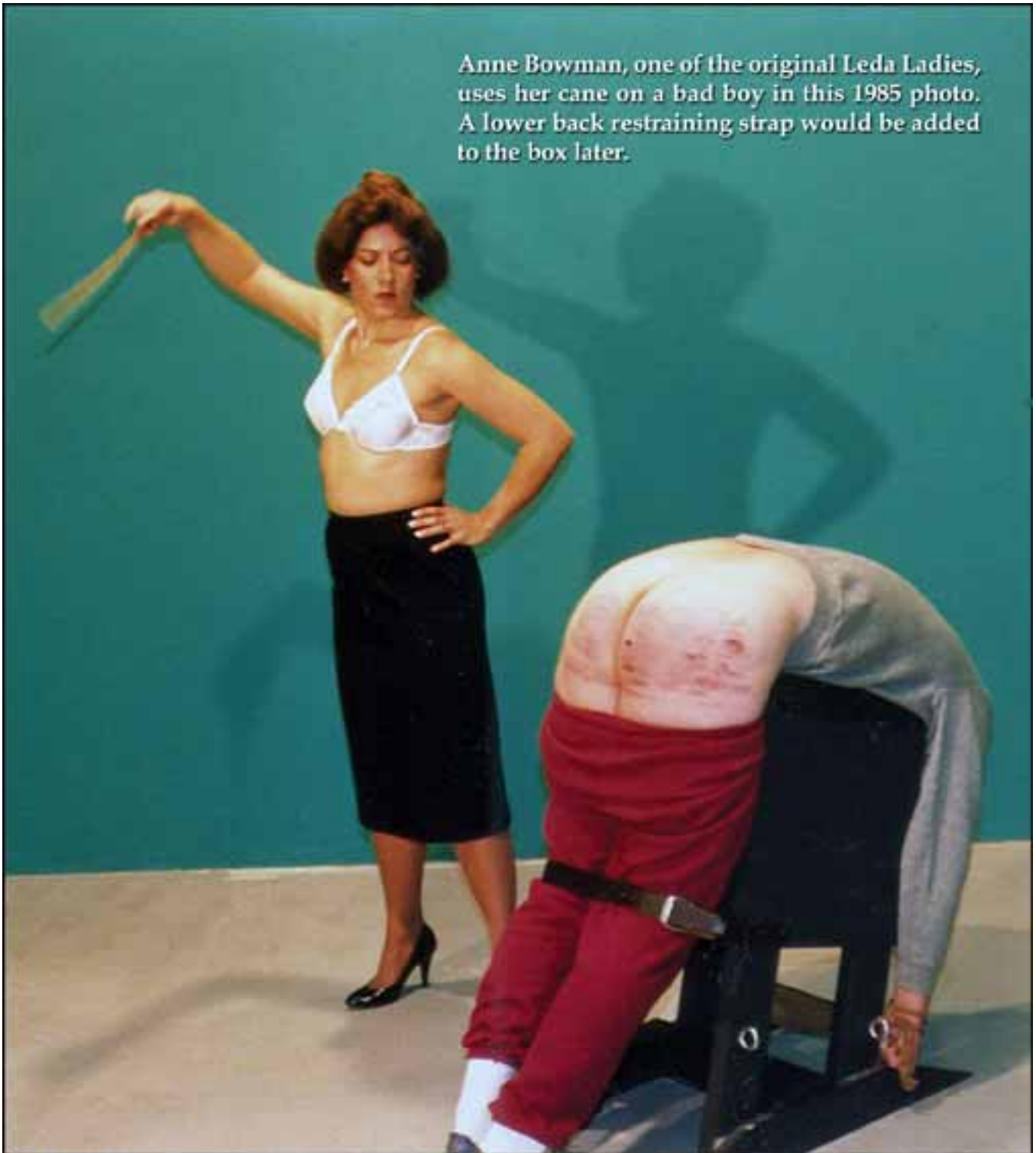


Leda Lady Dawn Perez uses a leather strap on a bad boy while Jeanette Coy and Eva Cline watch.





Anne Bowman, one of the original Leda Ladies, uses her cane on a bad boy in this 1985 photo. A lower back restraining strap would be added to the box later.







*Vanna  
Cantrell*

*A very experienced Leda Lady*



Vanna is an original Leda Lady and one of the most experienced. The photo on the preceding page was taken just after her 40th birthday. The photo below was taken when she was 19 years old. Vanna estimates that she has given over a thousand spankings in her lifetime. That doesn't include any of the canings, paddlings or strappings she's given. She is a woman who loves to be dominant in many different ways (as indicated by the photo on the next page).







Bet you never met a nurse like this before.





Vanna and Julia Jameson discipline two bad boys in a video titled *Discipline Sunday*.



The session includes plenty of heat from a variety of instruments including a duet caning. A duet caning from two strict no mercy women like this is an event you won't ever forget.





Julia and Vanna team up once again to come to the assistance of a girlfriend. Even though the wife is a tall beautiful woman, her husband refuses to have sexual intercourse with her because she always wants to be on top. "Satisfy your wife," they tell him, "or we'll spank you all day."





The young husband is determined not to give in. He refuses to have sex because the wife likes to be on top. "You better make love any way she wants," Julia tells him, "or we'll start using a hairbrush." That convinced him to do his duty.







This is Sandra. Sandra likes to play the part of a strict schoolteacher and punish naughty boys with the special ruler she had made for "after school discipline".



*Joanne  
Jameson*





Joanne is one of the original Leda Ladies.  
She gave her first caning in 1985 and retired in 2005.

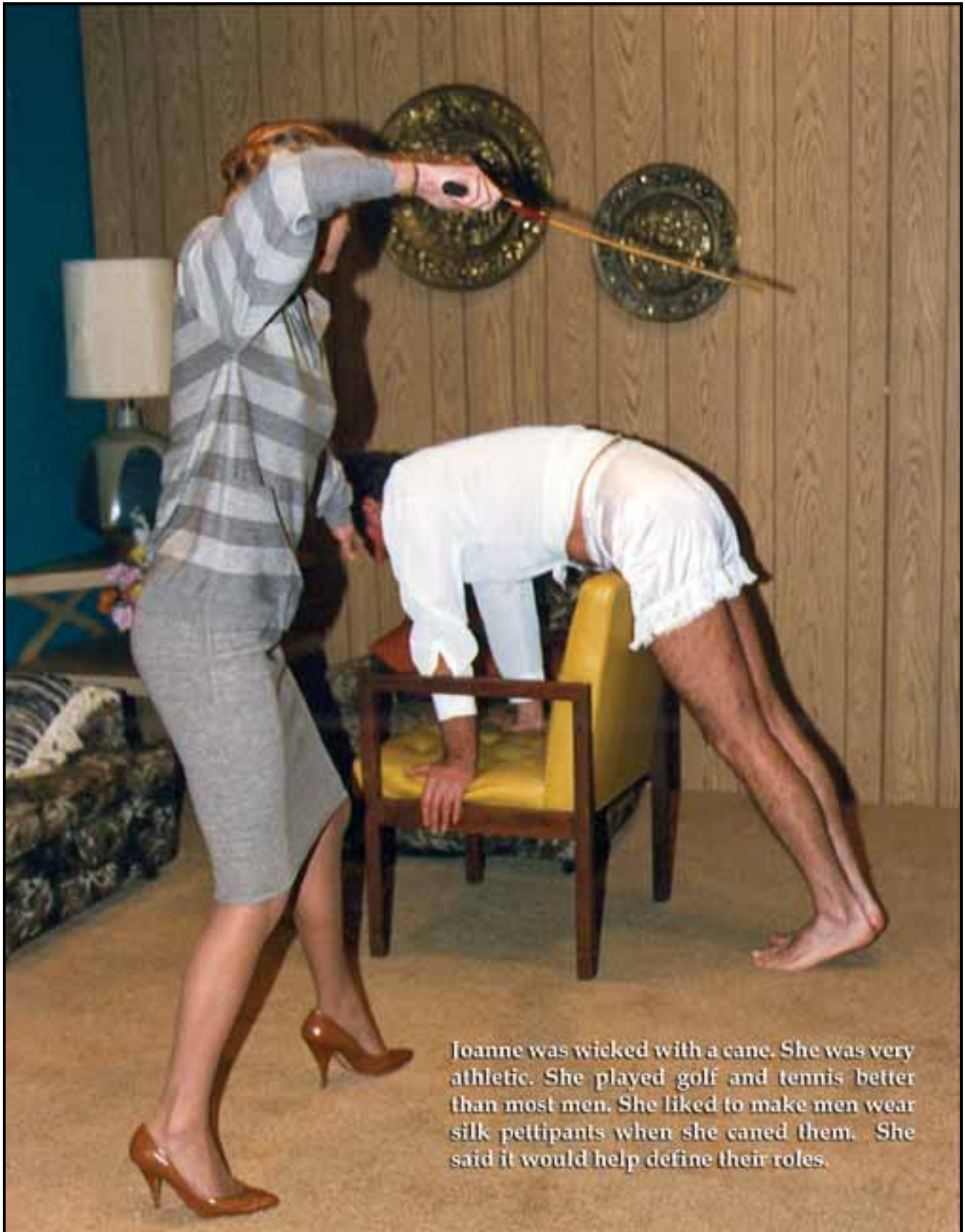


Joanne's mother was the old-fashioned type and used to make her and her sister lay face down on the bed (with panties down) for a "licking" with a belt, so it was a given that she would use the same method herself. If you were on the receiving end, all you could do was bite on the pillow and wait for it to be over.



...and if you squirmed around too much,  
she would tie you to the bed.





Joanne was wicked with a cane. She was very athletic. She played golf and tennis better than most men. She liked to make men wear silk pettipants when she caned them. She said it would help define their roles.



Joanne wasn't just dominant on camera. She was a natural dominant. She was regal, aloof, quiet and reserved but if she looked at you and her green eyes flashed, watch out, because you've done or said something to displease her. She loved to do face slapping videos. Her hands were feminine but large for a woman and when she slapped, whether it was on your bare ass or your face, it stung. The other woman in this picture is Karen Bell. She was a Leda Lady "in training" at the time and loved it. She later became one of the most feared of the Leda Ladies. That's her on the next page.





*Karen Bell*



These are actual frames from a spanking video done with Karen Bell. She is big and she's strong. Most women about to administer a spanking lead the guilty one to his place of punishment by the arm or ear. As you can see, Karen does it her own way. While this video included a hard spanking across her lap, these views show another method she likes to use and that is bending the submissive over one hip and wrapping one arm around him. She says this allows her to give some really hard smacks. It takes a large woman with strong legs to do this and she's one of those women.



"If you were a good boy,  
momma wouldn't have to  
spank you so hard."









## LEDA LADY NURSES



Leda Lady nurses are different from other nurses. They wear stiletto heels, are experts on giving enemas and know how to deal with patients who complain.



## **THE LULL BEFORE THE STORM**

Back in the 90's when I was getting spanked by a lot of Leda Ladies on a regular basis, I decided to start taking pictures of them immediately before I lay across their lap. I did not tell them this beforehand. I would wait till they sat down and ordered me across their knee, then I would hesitate just long enough to snap a photo of them sitting there waiting. Most of them just posed until I was through but some of them were annoyed and I could see it in their face. Later, they admitted to spanking me longer and harder than intended because I stopped to take a picture when I was supposed to be climbing across their lap.





This is Leda Lady Kimberly Gotti. She wasn't happy about me taking the picture but sat there and didn't say anything. I could see from the way she stiffened her lips she was annoyed. That was a real turn on even though I knew what was to follow. She was a hard spanker.

This was taken at a private scene party after every one had left. Vanna and Amber Olsen (sitting on couch) promised me a spanking when the party ended. Sure enough, as soon as the last guest departed, Vanna sat down and told me to pull my pants and shorts down and lay across her lap. Vanna was visibly annoyed when I grabbed the camera rather than climb across her lap but so she didn't say anything. I took this picture, put the camera down and climbed over her large but firm lap to be spanked.





When Vanna finished spanking me, Amber sat in the same chair and motioned me over her lap. Again, I grabbed my camera (my pants and shorts still down) and took this picture. When I set the camera down and climbed over her lap I heard Vanna say, "Give him extra for taking pictures without asking first."





That's it for this volume of Leda Ladies. To all you guys out there who have fantasized about being spanked and disciplined by a woman and think you're alone, you're not. To those of you who think you're less of a man because a woman spanks you, you're not - in fact it takes a real man to endure a caning or take a spanking from a hairbrush because it hurts. And to those of you who don't think there are ladies out there who will blister your butt, you're wrong. There are thousands of women just like Anne Bowman (below) who would not think of hurting a little boy but will ladder a big boy's behind with stripes and enjoy doing it. Again, I'm Leon Dalman, the editor and I welcome your questions, comments and/or suggestions. You can E-mail or mail them to me at the addresses below.

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