



Natural Resources
Canada

Ressources naturelles
Canada



ecoENERGY
an ecoACTION initiative



TURN it OFF!

You can use energy more wisely and reduce greenhouse gas emissions by turning off your engine when parked.

Save fuel and money – For an average-sized vehicle, you can save more than 100 litres of gasoline and \$100 per year if you reduce unnecessary idling by only 10 minutes a day.

Protect the environment – Reduce needless greenhouse gas emissions and help mitigate forest fires and insect infestation, rising sea ice levels, reduced sea ice cover, droughts, flooding and other environmental impacts.

Protect your health – Slow down the impacts of climate change: hotter weather can make smog episodes worse, affecting both our air quality and our health.

**idling gets you
NOWHERE**



Canada



All it takes is
**THE TURN
OF A KEY**

Ready to do your part?

Natural Resources Canada's Office of Energy Efficiency suggests five simple steps to reduce idling.

Step 1: If you're going to be stopped for more than 60 seconds - except in traffic - turn the engine off. Unnecessary idling wastes money and fuel, and produces greenhouse gases that contribute to climate change.

Step 2: Drive the vehicle to warm it up, rather than idling the engine (usually no more than 60 seconds of idling is needed on cold winter days, provided your windows are defrosted.)

Step 3: Limit remote car starter use and unnecessary warm-up times to 60 seconds.

Step 4: Use a block heater on cold winter days to warm the engine before starting it. Ideally, the block heater should be turned on by an automatic timer 2 hours before leaving.

Step 5: Spread the word. Tell your family and friends about the benefits of reduced idling and help them save money and protect the environment.

For more information, visit our
Web site at **idling.gc.ca**.

To order more publications, call
1-800-387-2000 toll-free.

Aussi disponible en français sous le titre : Coupez le moteur!

